

ignite their spark. feed the fire. spread light.

In our programs, we create a space where young people from a cross-section of communities come together.

In conversations, young people connect meaningfully with each other and tend to their emotional wellbeing.

The Valo experience includes unplugging from technology, connecting in person with peers, sharing meals, spending time alone, walking outside, and playing games.

When the young people leave, they carry what they have learned and go on to impact their communities beyond Valo.



come along at valomaine.org

valo

a glimpse into valo

95%

teens report feeling their overall sense of wellbeing (healthy in mind and body, confident, hopeful) as good, very good, excellent or exceptional following Valo retreats

94%

of school retreat respondents report feeling more connected to others at school

78%

of school retreat respondents feel more open to differences in peers



"Valo literally changed my life. I found a family in my group that I could share everything with and have it be received with absolutely no judgment. It was a magical experience that really made me better at listening to others and providing whatever they needed in the moment."

Valo teen

"Valo helped me grow from a despondent, lonely teen—to a fierce, open, and happy woman.

And I love that's who I am in the world today."

Maria, Valo alum



sponsorship opportunities

gift amount

points of exposure

\$2,500

- Logo listed on the Valo sponsorship page

\$5,000

- Logo listed on both the Valo home and sponsorship pages
- Sponsorship recognition in the Valo newsletter, Stovepipe

\$10,000

- Logo listed on both the Valo home and sponsorship pages
- Sponsorship recognition in the Valo newsletter, Stovepipe
- Sponsorship recognition on the Valo podcast, Embers
- Collaboration with the Valo PR team to pitch awareness of the sponsorship to local media outlets

\$20,000 +

- Logo listed on both the Valo home and sponsorship pages
- Sponsorship recognition in the Valo newsletter, Stovepipe
- Sponsorship recognition on the Valo podcast, Embers
- Collaboration with the Valo PR team to pitch awareness of the sponsorship to local media outlets
- All of the above and a custom designed program to maximize the impact of your gift. In addition, Valo will create a custom program to serve the emotional wellbeing of your employees.

valo school communities

Maine Coast Waldorf

Brunswick High School

Freeport High School

Morse High School

Falmouth High School

Yarmouth High School

Casco Bay High School

Deering High School

Greely High School

Westbrook High School

Poland High School

Waynflete

Cheverus

Cape Elizabeth High School

Portland High School

North Yarmouth Academy

Home Schooled Student